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IN APPRECIATION OF HELEN

"Well. Hello! You must be (name). It's so good to finally meet you in person. Here, let me give you a big hug!"

It's hard to know how many participants over the years were greeted and so lovingly embraced in this manner by our registrar, Helen Warring, but surely the number must be somewhere in the thousands. Whether stepping out of the airport van or stopping in her office during an afternoon break, Helen's radiance encompassed you like an effervescent champagne, making you feel as though you were the most important person in her universe at that moment—and you were.

It seemed she was always on the phone, where she played more roles than exist in most major theater productions—ambassador, promoter, sales rep, cheerleader, mother superior, therapist, metaphysician, confidante, tutor, student, cajoler, problem-solver, financial advisor, diplomat, travel agent, and comedienne, to name a few.

For TMI staff, among other things, Helen was the keeper of the flame. Throughout the many years of her loyalty to and love for Robert Monroe, she was passionate in her devotion to the Institute's mission, and to her own vision of a planet evolving at an increasingly accelerated rate into the higher vibrations of a unified and universal consciousness of Love. To this end, she was and continues to be the consummate seeker—reading, studying, meditating, consulting with experts, sharing ideas, her own enthusiasm a contagion which inspires others to reach higher, mine deeper, explore even farther. Since her resignation from her position in March, we've been asked many times, "Have you found a replacement for Helen?" The answer is obviously no; that's not possible. There will never be another Helen. Her indomitable spirit, however, continues to permeate the activities of the Institute, a lingering presence and legacy for all that we strive to accomplish and to exemplify.

Thank you, Helen, more than you can ever know, and may many blessings accompany you along the sacred journey of your heart.

Darlene R. Miller, PhD, Director of Programs

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